



Realizing life's potential

**PHYSICAL CAPACITIES ASSESSMENT**

Patient Name:	Birthdate:
Social Security #:	Date you last saw patient:
Diagnoses:	Condition: <input type="checkbox"/> Progressive <input type="checkbox"/> Stable <input type="checkbox"/> Permanent <input type="checkbox"/> Temporary
Identify medical conditions that will effect patient's ability to work:	

Please check the extent of physical capacities below

ACTIVITIES	NEVER	SOMETIMES (Continuously up to 2 hrs and occasionally up to 6 hrs)	FREQUENTLY (continuously up to 8 hrs w/ breaks)
Sit			
Stand			
Lift less than 5 lbs.			
Lift less than 10 lbs.			
Lift less than 25 lbs.			
Lift less than 50 lbs.			
Lift over 50 lbs.			
Bending			
Squat, Crawl, Kneel			
Reach over shoulders			
Grasp on right			
Grasp on left			
Push, Pull			
Stair climbing			

**Environmental Restrictions**

<input type="checkbox"/> Machinery w/ moving parts	<input type="checkbox"/> Driving
<input type="checkbox"/> Unprotected Heights	<input type="checkbox"/> Other:
<input type="checkbox"/> Dust, fumes, gases	<input type="checkbox"/> Marked temperature or humidity

Have you examined this patient's major body systems in the last 12 months?  Yes  No

Date \_\_\_\_\_

What were the findings, if any?

Signature	Date
Phone	